

Worcester Community Resource Updates for 2/24/23

WCCC of YOU, Inc., an affiliate of Seven Hills Foundation <abureau@sevenhills.org>

Reply-To: abureau@sevenhills.org

Fri, Feb 24, 2023 at 10:45 AM

To: tracy@worcesterchambermusic.org





20 Cedar Street Worcester, MA 01609 508-552-7469 abureau@sevenhills.org



February 23, 2023

The WCCC Email Blast

A Program of YOU, Inc., an Affiliate of Seven **Hills Foundation**

Important Community Updates!

Welcome to the weekly Worcester Community Connections Coalition E-News! This newsletter is intended to provide you with information on events, resources, and information to support youth, parents, and families in the greater Worcester community.

Please send us your announcement as web link or a url - an address identifying where documents can be found on a website or facebook page - for your events.

RECENT UPDATES

The MA Department of Transitional Assistance Partner.

DTA is reaching out today with several updates:

- REMINDER: Yesterday February 16, DTA added new features and security improvements to the DTA Connect mobile app.
 - Learn more about the expanded features and security improvements in our <u>news article</u>.
 - DTA has created a new website
 <u>Mass.gov/DTAConnectHelp</u> to help those without an
 account on DTAConnect.com to log in,
 including multilingual step-by-step instructions and a
 tutorial video (tutorial video in more languages to come).
- DTA is hosting a Twitter Chat using hashtag
 #BoostYourSNAPMA February 28th at 2pm EST
 - Join DTA (@DTA_Listens) to share how residents can get the most out of their SNAP benefits and other resources available to help in preparation of the last extra federal COVID SNAP payment on March 3rd.

FLYER: https://drive.google.com/file/d/1TZK4__ PYZC1dCziNOVfqasJdASVJwViG/view?usp=sharing

- The Commonwealth recently launched the new Behavioral Health Help Line and established 25 Community Behavioral Health Centers, as part of the Roadmap for Behavioral Health Reform. These programs are increasing access to mental health and substance treatment for people across Massachusetts, and offer insurance-blind behavioral health crisis services to anyone in the state.
 - NEW Partner Toolkit: Mass.gov/BHtoolkit that contains public awareness and informational materials (including social media graphics, fact sheets, flyers, and more). You can request free, professionally printed promotional materials within the toolkit. If you have any questions about the toolkit, you are welcome to reach out to Sophie Hamlin (sophie.l.hamlin@mass.gov) at the Executive Office of Health and Human Services.

Alana Davidson, MS (she/her)
Director of Communications
MA Department of Transitional Assistance
(857) 319-5228 (cell) | Alana.Davidson@mass.gov

Worcester Public Schools

On Behalf of the Worcester Public Schools Multilingual Education Department, we invite you to join us at our next ELPAC Meeting on March 1st.

ELPAC is an English Learner Parent Advisory Council for all parents/guardians of current and former English learners. Please consider attending the upcoming meetings being held at the Boys & Girls Club of Worcester. Light refreshments will be provided. The attached <u>flyer</u> provides more information. Hope to see you there!

FLYER: https://drive.google.com/file/d/1jTDw3Omq7shwoQgOpxM_7aKc50_IEp1k/view?usp=sharing

Thank you,

Marcella Vasiliadis

Worcester Public Schools

Office of Multilingual Education
The Fanning Building
24 Chatham Street, Room 312

Worcester, MA 01609

City of Worcester Division of Public Health

There are some relevant resources below that you might find interesting or helpful in your community work.

Immunization schedules for children, adolescents and adults: Immunization Schedules | CDC

A roadmap moving forward through the pandemic with the public health emergency ending, including which services will be affected: Fact Sheet: COVID-19 Public Health Emergency Transition Roadmap | HHS.gov

A link to download the Public Health Communications Collaborative's new guide for using plain language in public health:

<u>Plain Language for Public Health (publichealthcollaborative.org)</u>

Thank you again for your time and have a great week! Please reach out with any questions or concerns.

Best,

Emily Flavin, MPH

Pronouns: She/Her/Hers

Public Health Prevention Specialist

Division of Public Health

YWCA of Central MA

Please distribute the flyer for our Housing Advocacy Program

FLYER: https://drive.google.com/file/d/12oOrVWY_RsWU_gbZOVoh5I4-E2hYNPJX/view?usp=sharing

Best-

Karen Riley-McNary Pronouns: she/her/hers

C: 774.262.2090

T: 508.767.2505 ext.119 **F:** 508.767.1301

E: kmcnary@ywcacm.org

The African Community Education Program

We are trying to recruit mentors for our program. French speaking is a plus but not required. We would match mentors appropriately. Thanks Anne please spread the word if anyone might be interested.

Regards, Gina Engel

Director of Finance & Operations

o: 508.459.2284

e: rengel@acechildren.org

acechildren.org

Check out all of ACE's exciting updates here!

NAMI

Below I have attached the flyer for NAMI Central Mass's upcoming Family-to-Family Class. There is both the information about the course and the link to the formal registration. Would you be able to include this in your next email blast? Thank you.

FLYER: https://docs.google.com/document/d/
1R1afe56W9syYJwzNotcmlLNhh-uy3s4G/edit?usp=sharing&ouid=
110268268563375508715&rtpof=true&sd=true
My best.

Robin Bahr Casey (she/her) President Board of Directors NAMI Central Mass robinbahr1@gmail.com

PPAL

Active Parenting of Teens

It's the full-time job that we don't get paid for: raising children. But parenting teens doesn't have to be a stressful part of your life. With Dr. Michael H. Popkin's award-winning parenting class and best-selling books, you will acquire valuable tools needed by every parent. Active Parenting of Teens is an online program that will give you confidence and courage to meet the challenges (and savor the joys) of your children's teen years. The class is based on sound principles of child and adolescent development, and it provides families with indispensable parenting help.

Join Us:

Courses are split into 1 hour, 2 hour, or 3 hour increments spread over a few weeks. Each course will be different! Have Questions? Click Here to Email Training@PPAL.net Space Available!
Sundays,
March 12 - March 26
9:00 AM - 12:00 PM

Register for 3/12 - 3/26 Almost Full! Fridays, March 3 - April 14

9:30 - 11:30 AM Register for 3/3 - 4/14 Almost Full!

Tuesdays, March 14 - May 5 *Not meeting April 18 6:00 - 8:00 PM Register for 3/14 - 5/9

Worcester Regional Resource Bureau

Join the Worcester Regional Research Bureau and the Worcester Historical Museum for a forum on Worcester's Redlined History on February 27, 5:00PM, on Zoom Webinar.

In December, The Research Bureau released its report Static Income, Rising Costs: Renting in the Heart of the Commonwealth. As part of this analysis, the Bureau released the first digitized public version of the Federal Home Owners' Loan Corporation 1936 redlining map of Worcester. Redlining was a practice of denying fair access to credit based largely on the race of the residents of a neighborhood. Mapping Inequality, a collaboration between three teams at four universities, has been studying the issue of redlining in communities across the country.

This program will dive deep into the issue of redlining, learning from a national keynote speaker, and discussing Worcester's history with this phenomenon.

Register for the Event.
Read Static Income, Rising Costs.
View Mapping Inequality.
Learn from Worcester Black History Project.

Center for Living and Working Wednesday, February 22 - *CLW DHILS' News* Please share: CLW DHILS' Events:

CLW DHILS & AARP TaxAide Foundation:

2023 Tax Nights

FLYER: https://drive.google.com/file/d/1w6D4eK-sMy-yU1tMESWzBc4TjXuGd5lO/view?usp=sharing

Tuesday, February 28 5:00pm or 6:00pm Wednesday, March 8 3:00pm; 4:00pm; 5:00pm or 6:00pm Tuesday, March 14 3:00pm; 4:00pm; 5:00pm or 6:00pm

Appointments at: CLW (our new office) 18 Chestnut St., Suite 540 (5th Floor) Worcester, MA 01608 Driving/Parking Directions & Map will be mailed to you when you RSVP.

**Must RSVP before, and come 30 minutes early.

RSVP to Denise:

VP: 508-556-1600

Email: dparo@centerlw.org

Bring to your appointment:

Photo I.D. (for each person filing taxes)

Social Security cards (for you, your spouse, and children) Individual Taxpayer Identification Number (ITIN) - if no SS#

2021 Tax Return 2022 W2 forms

All 2022 1099 forms (1099-R,1099-INT, 1099-DIV, 1099-B,1099-G)

2022 SSA-1099 form

2022 1098 form

2022 1095 Health Insurance forms (1095-A, 1095-B, 1095-C)

Rent (total paid in 2022)

College Tuition and Fees Loan Interest

For direct deposit—your checkbook (for account & routing #s)

Questions: Call Denise at 508-556-1600 VP

Stay safe and healthy, CLW DHILS Staff Joan Philip Ellen Perkins Rosemary Moreira Jonathan Vanderschrick Denise Paro Kim White

Proactive Families Advocacy Inc.

Proactive Families Advocacy Inc is having our first annual Easter Basket Event on Good Friday, April 7th, 2023 from 12 PM to 3 PM. Sign-up is required and the deadline for signups is 3/17/23. This free event will be located at the Masonic Lodge, 1 lonic Ave, Worcester. Identification is required upon entry and the building is not ADA accessible, however, we will accommodate those by providing an easter basket outside the building. Please feel free to share the flyer and event information; also, we are in need of volunteers.

Sign-up here: https://wkf.ms/40R4wV2 Volunteer link: https://wkf.ms/3lzZxkw

Information on the event can be found on our social media platforms and website:

https://www.facebook.com/ProactiveFamiliesAdvocacy

www.instagram.com/pro_families_advocacy_inc

https://twitter.com/ProFamAdvocacy https://www.pfainc.org/fundraising

FLYER: https://drive.google.com/file/d/1scF_ucQhuBK9fN_an1OOgbnjcTfqmDGJ/view?usp=sharing

VOLUNTEERS NEEDED FLYER: https://drive.google.com/file/d/ 1HOwGy2V4nwzflgH98IECileI9BRQ1L7M/view?usp=sharing

Best Regards,

Kayla Baillargeon | *President*Proactive Families Advocacy Inc.
Cell: 774-329-0775
Peer Advocate
www.pfainc.org
facebook page

Elder Services

Free Webinar Your Local Worcester Area Meals On Wheels and Senior Nutrition Program Join Us for Breakfast!
Tuesday, March 7, 2023
8:00AM - 9:30AM

FLYER: https://drive.google.com/file/d/ 1QqpNTATpMsCu7dFmMQWXBzvq1qF3h33X/view?usp=sharing

Big Brothers and Big Sisters of Central MA

The Hanover Insurance Group
440 Lincoln Street | Worcester, MA
Join us for an inspiring, informative breakfast! Learn about the
benefits of mentorship in the workplace and network with peers.

RSVP by February 28th.
For questions, contact Lindsay.McCarthy@bbbscm.org

RSVP HERE

Thank You to our Host:

18 Chestnut Street, Suite 340
Worcester, MA 01608

Email: Programs@bbbscm.org

RCAP Solutions

Upcoming Education & Training Opportunities RCAP Solutions' Housing Consumer Education Center (HCEC) offers many workshops and trainings which are designed to support and educate tenants, potential homebuyers, and homeowners on purchasing and maintaining a home. We offer both virtual and inperson events. The <u>service area</u> for all of our HCEC workshops extends across the entirety of Worcester County and a handful of the surrounding towns.

Stay tuned to our website as more workshops become available.

Please note: advanced registration is required to attend these workshops.

For full calenar of events click here: https://www.rcapsolutions.org/education-training-calendar/

<u>First-Time Homebuyer Workshop</u>

FLYER: https://drive.google.com/file/d/

1EejKAbvlY2tO5GMsJOHmSWpnzlq7CwHP/view?usp=sharing

Apr 5, 12, & 19, 2023 5:30 PM – 8:30 PM

Hybrid

In this MassHousing approved, HUD and CHAPA certified workshop, attendees will learn about programs available to assist income-eligible first time homebuyers; understand the steps in the homebuying process; meet with professionals who will discuss what to look for in a homebuying team; and receive the necessary certification required by many first time homebuyer programs.

HomeSafe Workshop for Homeowners

April 20 & 27, 2023 5:30 PM - 8:30 PM

Virtual

For new and seasoned homeowners alike, RCAP Solutions can support you with post-purchase education! By attending RCAP Solutions' HomeSafe Post-Purchase workshop you will sharpen your knowledge and become equipped with the necessary skills to maintain your home and finances.

Financial Capability Workshop

May 3, 2023 5:30 PM – 7:30 PM *In-Person* Need help managing your finances? Interested in developing a sustainable spending plan? At this workshop you will learn about managing personal finances and be empowered to make better decisions in order to achieve financial stability for yourself and your family!

First-Time Homebuyer Workshop

May 10, 17, & 24, 2023

5:30 PM - 8:30 PM

Hybrid

In this MassHousing approved, HUD and CHAPA certified workshop, attendees will learn about programs available to assist income-eligible first time homebuyers; understand the steps in the homebuying process; meet with professionals who will discuss what to look for in a homebuying team; and receive the necessary certification required by many first time homebuyer programs.

HomeSafe Workshop for Homeowners

FLYER: https://drive.google.com/file/d/
1xlF8c8kqEgvfCOAyrho6EhCfsOpGMcl3/view?usp=sharing
June 6 & 8, 2023
5:30 PM – 8:30 PM

Virtual

For new and seasoned homeowners alike, RCAP Solutions can support you with post-purchase education! By attending RCAP Solutions' HomeSafe Post-Purchase workshop you will sharpen your knowledge and become equipped with the necessary skills to maintain your home and finances.

Financial Capability Workshop

June 14, 2023

5:30 PM - 7:30 PM

In-Person

Need help managing your finances? Interested in developing a sustainable spending plan? At this workshop you will learn about managing personal finances and be empowered to make better decisions in order to achieve financial stability for yourself and your family!

FLYER: https://drive.google.com/file/d/1gFY5hBZMVuszi_8GqqXpIIE4qof8ncC7/view?usp=sharing

HomeSafe Workshop for Homeowners

June 20 & 22, 2023 5:30 PM - 8:30 PM

Virtual

For new and seasoned homeowners alike, RCAP Solutions can support you with post-purchase education! By attending RCAP Solutions' HomeSafe Post-Purchase workshop you will sharpen your knowledge and become equipped with the necessary skills to maintain your home and finances.

In-person workshops will take place at our office:

191 May Street, Worcester, MA

Limited seats are available. Those unable to attend can join our waitlist for future classes <u>here</u>.

MassHIRE

Reminder: FREE Life Skills and Career Coaching Available!

THE BOUNCE PROGRAM

Work-Readiness Training with a Wellbeing Boost

REGISTER FOR AN INFORMATION SESSION

https://jobquest.dcs.eol.mass.gov/JobQuest/NewEvents/

EventDetails.aspx?es=1253051&isCCS=False

BOUNCE WILL HELP YOU

GET CLEAR

Discover more about yourself and the type of work you want to do.

BE CONFIDENT

Develop the confidence you need to find a job you'll love.

FEEL GOOD

Let positive thoughts and energy fuel your mind and body.

STAY MOTIVATED

Get a plan to help you stay focused on your goals.

Release your power and strength through Bounce Find your way

Looking for work can be hard. But research shows that work plays an important role in promoting positive health and wellbeing.

This means when you're working, you feel good about yourself, you have a strong sense of purpose, and you have more financial freedom to do the things you want.

The Bounce Program can help you with all that!

YOU'RE INVITED TO THE NEXT BOUNCE PROGRAM

CLICK HERE TO LEARN MORE

Come to an information session on February 23 @ 9am

Bounce Program Starts: March 13 -16, 2023

Time: 9am - 3pm

MassHire Southbridge Career Center

14 Mechanic Street, Suite #330

Southbridge, MA 01550

508-765-6430

Project New Hope

Good afternoon, Community Partners,

I wish to share with you our February Newsletter and all the wonderful work we have been doing in our Military and Veteran community in Worcester for the past 12 years.

We also work closely with other Non-Profits to share our extra school supplies, backpacks, diapers and baby supplies and a variety of food

items.

FLYER: https://drive.google.com/file/ d/13DJiBzNnjwWsgzOsYFjQMMDyRD VasqQ/view?usp=sharing

Thank you,

William H. (Bill) Moore, MA Executive Director/President, Project New Hope Inc.

ABI New England

Our Worcester center has immediate availability for morning time ABA services. Individuals must have an autism spectrum disorder (ASD) diagnosis and be up to the age of 22. Please use the link below for intake or give us a call to speak with our New Patient Facilitator.

INTAKE: https://www.abinewengland.com/form/intake-form.html CONTACT: 617.402.5444 or info@abinewengland.com

Please let me know if you have any questions.

Thank you! Jenniffer Goncalves **Communications Specialist**

p: 617.402.5444 **f:** 508.519.9188 **Text:** 774.344.4045

e: jgoncalves@abinewengland.com

w: www.ABINewEngland.com

Follow us on <u>Facebook</u>, <u>LinkedIn</u>, <u>Twitter</u> & <u>Instagram</u>

WPI

** Professional Development Workshop Opportunity Curriculum Design Intensive: Co-Create Your Civics Project with Students

Saturday, March 18, 9 AM – 3 PM

Co-Hosted by students/staff of Massachusetts Academy of Math & Science at WPI & Educational Justice Coach Lindsay Lyons By the end of this workshop, participants will be introduced to a justice-centered framework for unit design and coached to outline a project-based unit specific to their academic program that challenges, affirms, and inspires 100% of students. Unlike typical workshops, this session supports teachers and students to engage in a "design sprint" during our time together. For more info and to register, **click here**.

Katie Bilotta Director, Community Relations

Worcester Polytechnic Institute Higgins House

Senator Markey

Good morning,

On behalf of Senator Markey, I am pleased to share recently announced federal grant opportunities funded through the Infrastructure Investment and Jobs Acts (IIJA), the Inflation Reduction Reduction Act, and other federal sources.

- Environmental Justice Gov-2-Gov AND Cooperative Problem Solving (EPA)
- Low or No Emission Transit Bus Grant Program (U.S. DOT)
- <u>Lead Hazard Reduction & Housing-Related Hazards Programs</u> (HUD)
- Rural Energy for America Program (USDA)
- Targeted Violence and Terrorism Prevention Program (DHS)

The detailed summaries below also include links to more information, including details on eligibility. Please share with whoever you think might be interested in these opportunities, and we encourage you to visit the resource links to learn about potential applicability to your community's needs.

I am also pleased to share that the Environmental Protection Agency (EPA) has just <u>announced</u> an additional allocation of \$2 billion dollars for the Emerging Contaminants (EC) in Small or Disadvantaged Community (SDC) Grant program. This will bring an additional \$38 million dollars to the Commonwealth to support local projects addressing emerging contaminants like Per- and Polyfluoroalkyl Substances (PFAS) in drinking water. For more information, click here.

As always, please do not hesitate to reach out with any questions or concerns.

Thank you!

Liam Horsman

Pronouns: he/him/his
Regional Director
Office of U.S. Senator Edward J. Markey
JFK Federal Building
15 New Sudbury Street
Boston, MA 02203
liam_horsman@markey.senate.gov
617-366-9574

Connect with Senator Markey

Twitter | Facebook | Instagram

Environmental Justice Gov-2-Gov (EJG2g) AND Cooperative Problem Solving PrograMS (EJCPS)

Department:

Environmental Protection Agency

Description:

<u>EJG2G:</u> EPA is requesting applications for projects that support and/or create model activities that lead to measurable environmental or public health results in communities disproportionately burdened by environmental harms and risks.

EJCPS: This program assists recipients in building collaborative partnerships with other stakeholders (e.g., local businesses and industry, local government, medical service providers, academia, etc.) to develop solutions to environmental or public health issue(s) at the community level.

Eligible Applicants:

State, local, and tribal governments, and community-based non-profit organizations depending on the program (EJG2G v. EJCPS)

Closing Date:

April 10, 2023

Award Range:

Up to 1,000,000

Link to Opportunity:

EJCPS EJG2G

Low or No Bus Program

Department:

Department of Transportation

Description:

The Federal Transit Administration (FTA) announces the availability of approximately \$1.22 billion in competitive grants under the Low or No Emission Grant Program (Low-No Program) for the purchase or lease of zero-emission and low-emission transit buses, including acquisition, construction, and leasing of required supporting facilities.

Eligible Applicants:

The Low-No Program provides funds to designated recipients of FTA grants, including states, local governmental authorities, and Indian Tribes.

Closing Date:

April 13, 2023 **Award Range:**

N/A

Link to Opportunity:

https://www.grants.gov/web/grants/view-opportunity.html? oppld=345639

<u>Lead Hazard REDUCTION & Housing-Related Hazards & Lead-based Paint Capital Fund</u>

Department:

Department of Housing and Urban Development

Description:

LEAD HAZARD REDUCTION: Provides over \$403 million in grants to state and local governments for improving health and safety in privately-owned older (pre-1978) homes of low-income families under HUD's Lead Hazard Reduction Grant Program.

PUBLIC HOUSING RELATED HAZARDS: The second funding notice provides \$165 million in grants to Public Housing Agencies (PHAs) to evaluate and reduce residential health hazards in public housing, including lead-based paint, carbon monoxide, mold, radon, fire safety, and asbestos.

Eligible Applicants:

LEAD HAZARD REDUCTION: Only cities, counties/parishes, and other units of local government, and certain States and Native American Tribes (those that have an U.S. Environmental Protection Agency- (EPA) authorized lead abatement certification program on the submission deadline) are eligible applicants.

PUBLIC HOUSING RELATED HAZARDS: Public Housing Authorities with the legal authority to develop, own, modernize, and operate a public housing project in accordance with the Act are also eligible.

Closing Date:

LEAD HAZARD REDUCTION: March 14, 2023

PUBLIC HOUSING: April 13, 2023

Award Range:

\$1,000,000-8,000,000 Link to Opportunity:

https://www.grants.gov/web/grants/view-opportunity.html?

oppld=341222

https://www.grants.gov/web/grants/view-opportunity.html?oppId=345380

<u>Rural Energy for America Program (REAP)</u>

Department:

Department of Agriculture - Rural Development Agency

Description:

The REAP program helps agricultural producers and rural small businesses reduce energy costs and consumption through energy efficiency upgrades and renewable energy systems.

Eligible Applicants:

Rural Small Businesses & Agricultural Producers

Closing Date:

Grants: March 31, 2023 Loan Guarantees: Ongoing

Award Range:

Renewable Energy System Grants: \$2,500-\$1,000,000

Energy Efficient Grants: \$1,500-\$500,000

Link to Opportunity:

https://www.govinfo.gov/content/pkg/FR-2022-12-16/pdf/2022-27359.pdf

<u>Targeted Violence and Terrorism Prevention Grant Program</u> **Department:**

Department of Homeland Security

Description:

The Targeted Violence and Terrorism Prevention Grant Program provides financial assistance to eligible applicants to develop sustainable, multidisciplinary targeted violence and terrorism prevention capabilities in local communities, to pilot innovative prevention approaches, and to identify prevention best practices that can be replicated in communities across the country.

Eligible Applicants:

State, local, tribal, and territorial governments, nonprofits with 501(c) (3) IRS status, and institutions of higher education with funds to establish or enhance capabilities to prevent targeted violence and terrorism.

Closing Date:

April 25, 2023

Link to Opportunity:

https://www.grants.gov/web/grants/view-opportunity.html?oppld=345347

UMass Medical School

ACU Registration is open for March 6th and May 1st Sessions_ Do you work as a CBHI IHT Clinician, Intensive Care Coordinator, IHBS, Outpatient Services or MCI Clinician?

This On-Line Assessment & Clinical Understanding Training may be for you!

We are registering participants for the March and May on-line, self-paced, 8-week session. Sessions begin on March 6th and May 1st. *Please Note:*

• New staff may start anytime and don't need to wait for a new session. This option for new staff provides on-line facilitated training at an accelerated pace for those who have a little more time in the early days of the orientation process.

Who can take the *CBHI Assessment & Clinical Understanding* training?

The training is designed for In Home Therapy (IHT) clinicians, Intensive Care Coordinators (ICC), Outpatient therapists, and Mobile Crisis Intervention (MCI) Clinicians, and those providing In-Home Behavioral (IHBS) services - and their supervisors.

What topics are included in the training?

The modules address topics including:

- · how to gather relevant information,
- how to consider child development in the course of assessment,

- the role of culture in assessment, and
- how to develop and communicate a case formulation.

The Training includes modules which can be used during supervision or be self-guided; case studies to teach skills; videos to demonstrate the skills; and sample assessment tools. Facilitators, who are skilled clinicians, provide feedback and guidance in the *Stop & Apply* applied sections.

This free 10-15-hour training qualifies for 10 CEs. Upon completion of the training, CEs are available to Social Workers, LMHCs, LMFTs, Drug and Alcohol Counselors for \$100 and to Psychologist for \$125.

FLYER: https://drive.google.com/file/d/ 10FfAGC64p7xZ627TxE1Kzkn6nk6AcB9p/view?usp=sharing

This training will:

- Reinforce the Golden Thread by building capacity from interns to seasoned clinicians on how to gather relevant information, how to connect it all - and integrate the information in a meaningful way;
- Help supervisors refresh their knowledge and support them as they learn how to talk about concepts with their staff;
- Expose supervisors to the training so they can decide how their staff should be trained in assessment and clinical formulation skills:
- Improve MPR and MCE record reviews.

Sessions are free, run for 8 weeks, are on-line and self-paced. We are accepting registrations for the dates listed below. In addition, we can add **new hires** to any on-going session.

Session Start Date March 3/6/23 May 5/1/23

Register today!

1. Click on the registration link:

https://cbhitraining.org/mod/booking/view.php?id=2827

- You will be asked to create an account. The system will send you a confirmation email from <u>info@cbhitraining.org</u> (it may show up in your spam folder).
- 2. Once you receive the confirmation email, please click on the *link above again* and register for the March and May session.

Questions?

If you need help registering, please email CBHITraining@UMassmed.edu

For additional information, you may also contact: Sarah Rulnick, MPH, Director, CBHI Training & CANS Program * E.K. Shriver Center, University of Massachusetts Medical School * Sarah.Rulnick@umassmed.edu

Bridge Training Institute
Register TODAY!
IN-PERSON-Friday, March 31, 2023-9:00am-4:00pm
Best Practices for Responding to Trauma and PTSD
Elizabeth Plante, LMHC and Andrea Wolloff, LMHC

Located at The Courtyard Marriott, 75 Felton Street, Marlborough, MA

In this training, we will differentiate between the diagnosis of PTSD and Acute Stress Disorder. Participants will learn what leads an individual to develop PTSD and what helps foster resilience. We will discuss common co-occurring diagnoses and how to distinguish these presentations from PTSD. Participants will learn how to complete an assessment for PTSD and will be provided with an overview of the various evidence-based treatment models for treating PTSD. The trainers will teach a variety of "in the moment" strategies that practitioners can use with individuals who are experience active symptoms of PTSD and acute stress.

Participants will have opportunities to practice these strategies in the training. Finally, the trainers will address vicarious trauma in the practitioner and the importance of developing and maintaining self-care when working with individuals who have experienced trauma.

Following this training the participants will be able to:

- Participants will gain an understanding of the diagnosis and how to provide an assessment for PTSD.
- · Participants will gain knowledge of various evidence- based treatment options for PTSD.
- Participants will learn strategies for how to respond effectively with someone who is experience acute traumatic stress and for someone who is experiencing active symptoms of PTSD.
- · Participants will gain an understanding of vicarious trauma and develop strategies for self-care.

\$219 for full day IN-PERSON training including CEU's

Register TODAY!

https://bridgetraininginstitute.givecloud.co/product/Plante-Wollof-Trauma-PTSD-2022-2023/in-person-friday-march-31-2023-900-am-400-pm-best-practices-for-responding-to-trauma-and-ptsd-with-elizabeth-plante-lmhc-and-andrea-wolloff-lmhc

For more information: traininginstitute@openskycs.org

Register TODAY!
IN-PERSON-Friday, March 17, 2023-9:00am-4:00pm
Utilizing a Liberation Lens in Treating Racial Trauma
Jenise Katalina, LICSW
**Located at The Courtyard Marriott, 75 Felton Street, Marlborough,

This training will explore the impact of trauma through a racial traumainformed and social justice lens with applicable interventions focused
on a liberation approach. For the many trauma survivors, who have
not had the opportunity to fully process and heal from their
experiences, it can play out in parenting patterns, substance misuse,
difficulty with work or education and even family violence, neglect, and
abuse, perpetuating the trauma for the next generation.
This training will explore the effects of racial trauma and how it
presents in people's lives: generational, historical, and intersectional
cultural perspectives. Attendees will explore how implicit bias and
personal experiences can impact the provision of care and offer
strategies for providing interventions through a liberation lens and
equip them to provide culturally humble and empathetic services.

Following this training the participants will understand:

- · Attendees will gain basic information about historical and generational racial trauma.
- Attendees will Identify historically oppressed groups and the systemic implications of care and access.
- Attendees will identify and implement interventions utilizing a liberation approach

\$219 for full day IN-PERSON training including CEU's

Register TODAY!

MA**

https://bridgetraininginstitute.givecloud.co/product/JKatalina-Treating-Racial-Trauma-2022-2023/in-person-friday-march-17-2023-900-am-400-pm-utilizing-a-liberation-lens-in-treating-racial-trauma-with-jenise-katalina-licsw

For more information: <u>traininginstitute@openskycs.org</u>

Worcester Cultural Coalition February 22 - March 8, 2023

Events · Get Involved
Become a Member · Current Members
Worcester an American Tapestry
Feb 22, 5:30-6:15p | Preservation Worcester's series examines
Worcester's diverse populations, with this installment focused on
Italian immigrants and Shrewsbury Street.

Bringing the Holy Land Home: Concert, Family Day, + Presentations

Feb 22, 25 + 27 | The Cantor Art Gallery continues its programs in conjunction with Bringing the Holy Land Home including the Holy Cross Orchestra 2/22, Family Day 2/25, and on 2/27, Student Presentations of research and findings from the exhibit.

Superhero Day

Feb 23, **2-5p** | The **Worcester Public Library** invites all ages to celebrate Black History Month by honoring trailblazing Black superheroes. Activities include decorating capes and masks, superhero photoshoots, and a screening of "Spider-Man: Into the Spider-Verse."

Club 321: Mafalda Minnozzi with Paul Ricci: eMPathia Jazz Duo Feb 23, 7p | WICN 90.5 FM presents notable jazz artists Mafalda Minnozzi and Paul Ricci at Mechanics Hall! Doors open at 6:15p for this 21+ event.

Worcester History Bites + Free Programming

Feb 23-25 | In addition to free admission in February, the Worcester Historical Museum hosts free events like gallery tours with Curator Shelley Cathcart 2/23, educational Worcester History Bites 2/24, and Sketching in the Galleries 2/25.

Annie

Feb 23-26 | **The Hanover Theatre** presents a celebration of family and optimism through the classic story of *Annie! Annie* reminds generations that no matter how hard life can be sometimes, the 'Sun Will Come out Tomorrow!'

Inside & Out Sculpture Exhibit Closing Reception & Award Ceremony

Feb 24, 5:30p | **ValleyCAST** and the New England Sculptors Association conclude the exhibit by awarding prizes for first, second, and third place.

The Seagull

Feb 24-26 | THTC Youth Acting Company present Livy Scanlon's 75-minute adaption of Chekhov's *The Seagull* at the **JMAC**. This humorous and bittersweet story focuses on romantic and artistic conflicts between young poets seeking fulfillment.

Wildlife Tracking for Beginners

Feb 25, 10-12p | Some animals sleep or hibernate when it's cold, yet many remain active all winter. Wachusett Meadow Wildlife Sanctuary invites you to learn basic tracking and trail patterns of local wildlife, then practice these news skills along the trails.

Arja Saraswati Puja

Feb 25, 2 + 7:30p | On stage at Holy Cross' Prior Center, Arts
Transcending Borders present this contemporary Balinese tale in

which a king takes a divine journey of atonement after he learns that his gorgeous wife is actually his mother.

Sunday afternoon at Salisbury Mansion

Feb 26, 1-4p | The **Worcester Historical Museum** hosts a free tour and presentation of artifacts at Worcester's only historic house museum, built in 1772.

An Afternoon at the Opera

Feb 26, 4p | Music Worcester hosts the Worcester Chorus, Master Singers of Worcester, and more for an evening of arias and choruses from classic opera works on stage at Mechanics Hall.

Guided Tour of Historic Mechanics Hall

Feb 27, 10-12p | **Mechanics Hall** hosts free guided tours of this 19th century building, which is both a Worcester landmark and an architectural treasure.

Yoga + Sound Meditation

Feb 28 + Mar 1 | Worcester Center for Crafts offers two opportunities to practice self-care: a 6-week Yoga Calm session begins 2/28, and 3/1 is the first session of Sound Meditation, a class filled with sweet tones of singing bowls and harmonics of gongs.

Melt

Mar 1-12 | With an opening reception from 6:30-10pm on 3/4, Clark University senior Emily Steiger's capstone project explores the art community's response to the world around us and the new normal. This curated group show is on display at the **JMAC**.

Flora in Winter

Mar 2-5 | Pulling inspiration from The Floating World, top floral designers transform the Worcester Art Museum into a lush and captivating environment. The evening of 3/3, Flora Euphoria adds art, music, food, and more to the experience.

Vijay Gupta, Violin & Chester Englander, Percussion Mar 2, 7-8p | To launch his 2023 Music Worcester residency, Vijay Gupta takes the stage of Holy Cross' Prior Center with "Mirror/Lens," a concert of reflective works written for cimbalom and violin.

Opening Reception: Impact

Mar 3, 6-9p | ArtsWorcester hosts the opening reception for Impact - an exhibition which asked artists to consider humanity's complex relationship with our environment.

White Rabbit Red Rabbit

Mar 3-5 | ValleyCAST presents this award-winning play which has no director, no set, and a different actor reading the never-before-seen script at each performance.

Songwriters at the Hub #1: Ash & Eric with Sarah Louise French Mar 5, 3p | Local singer-songwriter spouses Ash & Eric kick off their free concert series with guest Sarah Louise French at Creative Hub

Worcester. The series will celebrate songs and stories from both local and nationally touring singer-songwriters.

Worcester Poet Laureate Inauguration: Oliver de la Paz Mar 7, 5:30-6:30p | The City of Worcester's Cultural Development Division heads to the Worcester Public Library to celebrate local poetry with readings by de la Paz, Youth Poet Laureate Adael Mejia, and former Poet Laureates.

Beginner Salsa Classes

Mar 7, 6-7:30p | Have you always wanted to learn Salsa? Raices Latin Dance Studio has created a 4-week session for salsa "super beginners." Starting with the fundamentals, students will become dancers in a fun group environment - no partner needed!

II Divo

Mar 7, 7:30p | The chart-topping pop-opera supergroup performs selections from their 19-year career at The Hanover Theatre.

Artist Calls & Creative Opportunities

The City of Worcester's Create 508 program is seeking **Youth Leaders** for its 2023 program - limited space remains and applications close once filled.

The **Newell Flather Award for Leadership in Public Arts** celebrates the people who create welcoming public spaces and public life in MA. Nominations are due 2/28.

Communities around MA have important stories to tell and issues to discuss, and **Mass Humanities** has **grants** to help! Applications for Reading Frederick Douglass Together close 3/3, and the first letter of inquiry for the Expand MA Stories program is due 3/20.

Proposals are due 3/13 for Massport's **Call For Artists** - 6 artists will each receive \$1,000 to transform a utility box in South Boston. For more info, create a free account at **Bid Express** or contact bmcintyre@massport.com.

The **Massachusetts Cultural Council** has dozens of grant programs available for both **individuals** and **organizations**.

Creative Ground is a dynamic directory for our region's artists, creatives, culture bearers, arts and culture organizations and creative businesses.

Check out a range of roles now open with American Antiquarian Society, the City of Worcester's Create 508 Program, EcoTarium, New England Botanic Garden at Tower Hill, Worcester Art Museum, Worcester Center for Crafts, and WPI. Visit HireCulture.org to explore creative and cultural roles across the state, and NEFA.org for postions across the region.

The City of Worcester is offering up to \$12,500 in ARPA funds for **Community/Cultural Festivals Grants** - applications will be open until funds are exhausted.

Ongoing Events

What was the world was like when dinosaurs roamed the Earth? Visit the **EcoTarium** to find out - **Prehistoric Planet Vacation Week** runs through 2/24.

ValleyCAST hosts the **Inside & Out Sculpture Exhibit** inside the gallery and outdoors on the grounds of the Whitin Mill Complex through 2/24.

The **Worcester Center for Crafts** exhibit **Interlaced** features works by Robin Reynolds and Emily Sandagata through 3/4.

Explore the **Museum of Russian Icons** without the cost of admission during **Free First Sunday** - the next one is 3/5!

Current exhibits at the **Worcester Art Museum** include **The Floating World**, on view through 3/5.

Through creative, immersive experiences like **Tot JOMP** and **Kinder JOMP**, the **Joy of Music Program** introduces young children to instruments and fundamentals of music. Classes run through 3/11.

Until 3/19, **Allure** fills the **New England Botanic Garden at Tower Hill** with artful arrangements of thousands of live orchids. The **Orchids After Dark** experience adds unique lighting, refreshments, and live music to the exhibit for Friday evening visitors.

Among their many dance classes for all ages and levels, **Flamenco Worcester** host weekly **Manton Dance Workshops** through 3/25.

On display at the **Worcester Public Library** through 4/2, the **Buck O'Neil: Right on Time Exhibit** chronicles the remarkable life and times of Negro Leagues legend John "Buck" O'Neil - the grandson of slaves who overcame many obstacles to become baseball's grand ambassador.

On view through 4/6, **Bringing the Holy Land Home** at the **Cantor Art Gallery** reveals the impact art objects manufactured in the Byzantine and Islamic Mediterranean had on the medieval visual culture of England and western Europe.

The **Worcester Public Library** offers many programs throughout the year, including **genealogy workshops**, a **beginning readers club**, and **book clubs** with topics from the classics and sci-fi to true crime and beyond.

The 9 photographers in the latest **Worcester Historical Museum** exhibit showcases 1993 Worcester through celebrations, schoolyards, neighborhoods, and a changing city - before the digital age. **Worcester Scene: Reseen** is on view through 5/13.

Betty Machete and the Jumping Fleas, Worcester's all-women ukulele club, welcomes beginners, trans, and non-binary folks to play

and sing at biweekly sessions through 7/31 at the **JMAC**. Next sessions 2/27, 3/13, + 3/27.

Thursdays from 7-9pm, **Technocopia** hosts **Open Hacks**: open houses in which members and non-members can explore the maker space and work on their projects.

Hear more about cultural events and topics in Worcester (and beyond) on **Culture Beat**, 6:30pm Thursdays on 90.5 **WICN**.

Worcester Community Connections / YOU Inc., an affiliate of Seven Hills Foundation, emails are intended solely to share information about available community resources, and efforts to strengthen local services. Any views or opinions presented via the links provided above are those of the agencies and organizations who have shared this information, and do not necessarily represent those of Worcester Community Connections

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